



MLS Frith (REME Champs)



22 October 2024

Results by class with League Points

| Posn | Name | Age Group | Club / Team | Corps | Time | Behind | Pace min/km | Points |
|------|------|-----------|-------------|-------|------|--------|-------------|--------|
|------|------|-----------|-------------|-------|------|--------|-------------|--------|

Brown

Course: Brown, 9 km, 185 m

| | | | | | | | | |
|----|------------------------------|-----|----------------|--|---------|---------|-------|-----|
| 1 | James Lyne | M35 | SN | | 1:01:19 | | 6.81 | 102 |
| 2 | WO2 Des Dickinson | M40 | MoD Abbey Wood | | 1:04:21 | 3:02 | 7.15 | 99 |
| 3 | Michael Krajewski | M40 | BAOC | | 1:04:30 | 3:11 | 7.17 | 99 |
| 4 | Lt Col Robert Ashton | M40 | 6 Bn REME | | 1:07:08 | 5:49 | 7.46 | 96 |
| 5 | Lt Col Richard Mawer | M50 | MoD Abbey Wood | | 1:08:13 | 6:54 | 7.58 | 95 |
| 6 | Maj Richard Barrett | M50 | HQ 101 OSB | | 1:08:53 | 7:34 | 7.65 | 95 |
| 7 | Peter Daplyn | M40 | SN | | 1:10:36 | 9:17 | 7.84 | 93 |
| 8 | Nick Cooper | M45 | SN | | 1:12:01 | 10:42 | 8.00 | 91 |
| 9 | Lt Col(Retd) Colin Metcalfe | M65 | BAOC | | 1:19:09 | 17:50 | 8.79 | 84 |
| 10 | Aidan Hilton | M16 | SN | | 1:19:16 | 17:57 | 8.81 | 84 |
| 11 | Andrew Snell | M50 | SOC | | 1:20:17 | 18:58 | 8.92 | 83 |
| 12 | Paul Fox | M60 | SN | | 1:21:20 | 20:01 | 9.04 | 82 |
| 13 | Maj (Retd) Jeremy Wormington | M60 | NOTEAM | | 1:21:44 | 20:25 | 9.08 | 82 |
| 14 | John Hill-Venning | M50 | SN | | 1:22:19 | 21:00 | 9.15 | 81 |
| 15 | John Oakes | M50 | WIM | | 1:23:41 | 22:22 | 9.30 | 80 |
| 16 | WO1 Gareth Mansfield | M35 | NCHQ | | 1:24:18 | 22:59 | 9.37 | 79 |
| 17 | Robin Mills | M55 | WIM | | 1:28:25 | 27:06 | 9.82 | 75 |
| 18 | Sgt (Retd) Paul Thwaites | M60 | SOC | | 1:28:42 | 27:23 | 9.86 | 75 |
| 19 | Simon Farrington | M40 | BAOC | | 1:28:51 | 27:32 | 9.87 | 75 |
| 20 | Keith Belsey | M55 | SN | | 1:31:00 | 29:41 | 10.11 | 72 |
| 21 | Capt Adrian Kerr | M35 | DSPG | | 1:31:33 | 30:14 | 10.17 | 72 |
| 22 | Capt Carl Wray | M40 | 32 Regt RA | | 1:32:30 | 31:11 | 10.28 | 71 |
| 23 | Edward Halsey | M45 | SARUM | | 1:32:37 | 31:18 | 10.29 | 71 |
| 24 | Capt Alan Harris | M45 | HQ RC | | 1:33:13 | 31:54 | 10.36 | 70 |
| 25 | Steve Bailey | M65 | SN | | 1:34:57 | 33:38 | 10.55 | 68 |
| 26 | Capt Matthew Garrard | M21 | MoD Abbey Wood | | 1:35:12 | 33:53 | 10.58 | 68 |
| 27 | Peter Huzan | M60 | SLOW | | 1:36:04 | 34:45 | 10.67 | 67 |
| 28 | Col Gary Sawyer | M45 | Army HQ | | 1:37:05 | 35:46 | 10.79 | 66 |
| 29 | Sgt Narbahadur Gurung | M35 | DSEME | | 1:37:29 | 36:10 | 10.83 | 66 |
| 30 | Lt Col Kerry Corkery | W45 | Army HQ | | 1:37:37 | 36:18 | 10.85 | 66 |
| 31 | Lt Col (Retd) Axel Blomquist | M70 | SN | | 1:40:37 | 39:18 | 11.18 | 63 |
| 32 | John Kelly | M40 | SN | | 1:42:15 | 40:56 | 11.36 | 61 |
| 33 | Gordon Parker | M60 | SLOW | | 1:46:38 | 45:19 | 11.85 | 57 |
| 34 | Sgt Alexis Massey-Ryan | M35 | 32 Regt RA | | 1:52:43 | 51:24 | 12.52 | 51 |
| 35 | Sarah Francis | W55 | SN | | 1:56:33 | 55:14 | 12.95 | 47 |
| 36 | Major Ed Luke | M35 | HQ RC | | 1:57:53 | 56:34 | 13.10 | 46 |
| 37 | Mark Collins | M60 | DFOK | | 2:00:47 | 59:28 | 13.42 | 43 |
| 38 | LCpl Nicolas MacDonald | M21 | 2 MI Bn | | 2:03:31 | 1:02:12 | 13.72 | 40 |
| 39 | Andrew Heaney | M55 | SN | | 2:08:39 | 1:07:20 | 14.29 | 35 |



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|------|------|-----------|-------------|-------|------|--------|-------------|--------|
|------|------|-----------|-------------|-------|------|--------|-------------|--------|

Blue

Course: Blue, 6.5 km, 135 m

| | | | | | | | | |
|----|-----------------------------|-----|---------------|--|---------|-------|-------|----|
| 1 | Dave Ryder | M60 | SN | | 59:48 | | 9.20 | 75 |
| 2 | 2Lt D Mileham | M21 | 2 Mercian | | 1:00:35 | 0:47 | 9.32 | 75 |
| 3 | Chris Evans | M55 | SLOW | | 1:01:46 | 1:58 | 9.50 | 74 |
| 4 | Ian Ditchfield | M65 | MV | | 1:02:16 | 2:28 | 9.58 | 73 |
| 5 | Mark Saunders | M65 | BOK | | 1:02:21 | 2:33 | 9.59 | 73 |
| 6 | Julia Jarvis | W55 | SO | | 1:02:43 | 2:55 | 9.65 | 73 |
| 7 | Mike Frizzell | M65 | BADO | | 1:03:12 | 3:24 | 9.72 | 73 |
| 8 | Steve Jarvis | M60 | SO | | 1:03:24 | 3:36 | 9.75 | 72 |
| 9 | Robin Bishop | M55 | TVOC | | 1:03:25 | 3:37 | 9.76 | 72 |
| 10 | Alan Rosen | M65 | HH | | 1:03:46 | 3:58 | 9.81 | 72 |
| 11 | Major Steven Burton | M35 | Army HQ | | 1:03:53 | 4:05 | 9.83 | 72 |
| 12 | Capt (Retd) Paul Martin | M55 | SN | | 1:04:34 | 4:46 | 9.93 | 71 |
| 13 | Col James Rhodes | M50 | Army HQ | | 1:05:49 | 6:01 | 10.13 | 70 |
| 14 | Barry Jones | M55 | SO | | 1:06:28 | 6:40 | 10.23 | 69 |
| 15 | Lt Sam Clegg | M21 | ATC Pirbright | | 1:07:16 | 7:28 | 10.35 | 68 |
| 16 | Christopher Pritchett | M65 | WIGHTO | | 1:08:11 | 8:23 | 10.49 | 68 |
| 17 | Carol Lovegrove | W50 | SN | | 1:08:21 | 8:33 | 10.52 | 67 |
| 18 | WO1 (Retd) Les Hunt | M70 | SN | | 1:08:33 | 8:45 | 10.55 | 67 |
| 19 | Col(Retd) Steve James | M60 | BAOC | | 1:09:36 | 9:48 | 10.71 | 66 |
| 20 | Maj Jilly Tovey | W21 | War Gar | | 1:09:57 | 10:09 | 10.76 | 66 |
| 21 | Trish Monks | W45 | BKO | | 1:10:15 | 10:27 | 10.81 | 65 |
| 22 | Maj(Retd) Allan Farrington | M70 | BAOC | | 1:10:21 | 10:33 | 10.82 | 65 |
| 23 | Maj(Retd) Jon Steed | M60 | BADO | | 1:10:37 | 10:49 | 10.86 | 65 |
| 24 | Andrew Hannaford | M65 | SO | | 1:11:41 | 11:53 | 11.03 | 64 |
| 25 | Jon Vaughan | M45 | BKO | | 1:12:07 | 12:19 | 11.09 | 64 |
| 26 | Col (Retd) Paul Oldfield | M65 | BAOC | | 1:12:17 | 12:29 | 11.12 | 63 |
| 27 | Alice Bedwell | W60 | BOK | | 1:12:36 | 12:48 | 11.17 | 63 |
| 28 | Bo Oqvist | M50 | BKO | | 1:13:26 | 13:38 | 11.30 | 62 |
| 29 | Jon Paton | M60 | SN | | 1:13:32 | 13:44 | 11.31 | 62 |
| 30 | Chris Hooker | M60 | SO | | 1:13:40 | 13:52 | 11.33 | 62 |
| 31 | Richard Bostock | M60 | DFOK | | 1:15:03 | 15:15 | 11.55 | 61 |
| 32 | Lt Col(Retd) Bruce Snelling | M65 | SN | | 1:15:18 | 15:30 | 11.58 | 60 |
| 33 | WO2 (Retd) Ian Byford | M65 | HH | | 1:15:28 | 15:40 | 11.61 | 60 |
| 34 | Vince Roper | M55 | SLOW | | 1:15:54 | 16:06 | 11.68 | 60 |
| 35 | Martin Kensett | M55 | SN | | 1:16:22 | 16:34 | 11.75 | 59 |
| 36 | Capt Darren Nolan | M50 | 22 Engr Regt | | 1:16:35 | 16:47 | 11.78 | 59 |
| 37 | Charles Daniel | M65 | BOK | | 1:17:19 | 17:31 | 11.89 | 58 |
| 38 | Sgt Shiwahang Rai | M21 | 12 Regt RA | | 1:17:31 | 17:43 | 11.93 | 58 |
| 39 | Trevor Ould | M60 | WIGHTO | | 1:18:01 | 18:13 | 12.00 | 58 |
| 40 | WO2 Dhan Magar | M55 | 11 Inf Bde | | 1:19:11 | 19:23 | 12.18 | 57 |
| 41 | Neil Harvatt | M65 | HALO | | 1:19:43 | 19:55 | 12.26 | 56 |
| 42 | SSgt Sammy Gibbs | M35 | 3 Regt AAC | | 1:20:09 | 20:21 | 12.33 | 56 |



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|------|------|-----------|-------------|-------|------|--------|-------------|--------|

Blue

Course: Blue, 6.5 km, 135 m

| | | | | | | | | |
|----|-----------------------------|-----|----------------|--|---------|-------|-------|----|
| 43 | Don McKerrow | M70 | SLOW | | 1:20:50 | 21:02 | 12.44 | 55 |
| 44 | Robin Smith | M70 | SO | | 1:21:06 | 21:18 | 12.48 | 55 |
| 45 | Lt Col (Retd) Rowena Naile | W60 | BAOC | | 1:24:38 | 24:50 | 13.02 | 51 |
| 46 | Maj Garry Patey | M60 | BAOC | | 1:26:31 | 26:43 | 13.31 | 49 |
| 47 | David Harrison | M55 | SN | | 1:27:05 | 27:17 | 13.40 | 49 |
| 48 | David Lane | M70 | SN | | 1:29:05 | 29:17 | 13.71 | 47 |
| 49 | Katie Clarke | W50 | SN | | 1:29:06 | 29:18 | 13.71 | 47 |
| 50 | Neil Studd | M35 | SLOW | | 1:30:03 | 30:15 | 13.85 | 46 |
| 51 | WO2 Daniel Hitchen | M35 | DSEME | | 1:30:19 | 30:31 | 13.89 | 45 |
| 52 | Colin Swallow | M65 | SN | | 1:31:49 | 32:01 | 14.13 | 44 |
| 53 | Tim Hulley | M60 | SO | | 1:32:35 | 32:47 | 14.24 | 43 |
| 54 | Captain Gary Harris-Deans | M55 | 103 Bn REME(V) | | 1:34:02 | 34:14 | 14.47 | 42 |
| 55 | WO1 Stuart Greening | M55 | Upavon Stn | | 1:34:21 | 34:33 | 14.52 | 41 |
| 56 | Fiona Clough | W60 | BKO | | 1:35:41 | 35:53 | 14.72 | 40 |
| 57 | Major Michael James | M65 | Army HQ | | 1:36:36 | 36:48 | 14.86 | 39 |
| 58 | Benjamin Mills | M21 | WIM | | 1:37:10 | 37:22 | 14.95 | 39 |
| 59 | Jo Halsey | W45 | SARUM | | 1:37:42 | 37:54 | 15.03 | 38 |
| 60 | Bea Halsey | W18 | SARUM | | 1:39:03 | 39:15 | 15.24 | 37 |
| 61 | Neil Mitchell | M65 | SLOW | | 1:39:33 | 39:45 | 15.32 | 36 |
| 62 | Jessica Stanfield | W60 | SOC | | 1:39:56 | 40:08 | 15.37 | 36 |
| 63 | Stefan Stasiuk | M70 | BKO | | 1:40:47 | 40:59 | 15.51 | 35 |
| 64 | Nigel Clemens | M60 | SLOW | | 1:41:34 | 41:46 | 15.63 | 34 |
| 65 | Mikhail Gryaznevich | M70 | TVOC | | 1:41:51 | 42:03 | 15.67 | 34 |
| 66 | Lt Col (Retd) Simon Worsley | M65 | BAOC | | 1:42:07 | 42:19 | 15.71 | 34 |
| 67 | SSgt Awashesh Gurung | M40 | DSEME | | 1:44:43 | 44:55 | 16.11 | 31 |
| 68 | Chris Harrison | M65 | NGOC | | 1:44:54 | 45:06 | 16.14 | 31 |
| 69 | Emese Svab | W50 | HH | | 1:45:00 | 45:12 | 16.15 | 31 |
| 70 | Chris Johnson | M70 | BOK | | 1:45:43 | 45:55 | 16.26 | 30 |
| 71 | Jane Lambert | W60 | SO | | 1:47:36 | 47:48 | 16.55 | 28 |
| 72 | Maj (Retd) Danny Skillman | M65 | GO | | 1:49:37 | 49:49 | 16.86 | 26 |
| 73 | Susan Crickmore | W60 | SO | | 1:51:23 | 51:35 | 17.14 | 24 |
| 74 | Sgt Katy Hillman | W35 | 32 Regt RA | | 1:53:25 | 53:37 | 17.45 | 22 |
| 75 | WO1 (Retd) David Bell | M55 | BAOC | | 1:54:27 | 54:39 | 17.61 | 21 |

Lt Green

Course: Lt Green, 4.9 km, 120 m

| | | | | | | | | |
|---|------------------------------|-----|------|--|---------|-------|-------|----|
| 1 | Sue Bett | W55 | SN | | 52:42 | | 10.76 | 60 |
| 2 | Capt (Retd) Andrew Parkinson | M70 | SO | | 55:09 | 2:27 | 11.26 | 60 |
| 3 | Terry Smith | M70 | SOC | | 1:02:32 | 9:50 | 12.76 | 54 |
| 4 | Serena Ludford | W60 | BADO | | 1:02:51 | 10:09 | 12.83 | 54 |
| 5 | Neil Fraser | M60 | NWO | | 1:03:03 | 10:21 | 12.87 | 54 |



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|------|------|-----------|-------------|-------|------|--------|-------------|--------|
|------|------|-----------|-------------|-------|------|--------|-------------|--------|

Lt Green

Course: Lt Green, 4.9 km, 120 m

| | | | | | | | | |
|-----|-----------------------------|-----|-----------------|--|---------|-------|-------|----|
| 6 | Lt Col David Alexander | M40 | Army HQ | | 1:03:34 | 10:52 | 12.97 | 53 |
| 7 | Maj Patrick Shelton | M35 | Hermitage Stn | | 1:04:13 | 11:31 | 13.11 | 53 |
| 8 | Mark Thompson | M65 | TVOC | | 1:04:34 | 11:52 | 13.18 | 52 |
| 9 | Laurence Gossage | M70 | BOK | | 1:04:55 | 12:13 | 13.25 | 52 |
| 10 | Araba McMillan | W60 | JOK | | 1:05:28 | 12:46 | 13.36 | 51 |
| 11 | Trevor Griffiths | M75 | BOK | | 1:05:52 | 13:10 | 13.44 | 51 |
| 12 | WO2 John Ferry | M35 | 5 IOTF | | 1:06:55 | 14:13 | 13.66 | 50 |
| 13 | Kieran Devine | M70 | BAOC | | 1:07:33 | 14:51 | 13.79 | 49 |
| 14 | Paul Kilpin | M75 | TVOC | | 1:08:33 | 15:51 | 13.99 | 48 |
| 15 | Cpl(Retd) David Mullins | M75 | SARUM | | 1:10:31 | 17:49 | 14.39 | 46 |
| 16 | Cfn Charlie Burrows | M20 | 22 Engr Regt | | 1:11:16 | 18:34 | 14.54 | 46 |
| 17 | Nigel Slack | M60 | SN | | 1:11:27 | 18:45 | 14.58 | 45 |
| 18 | Lt Cdr(Retd) Ashley Tilling | M65 | MV | | 1:13:04 | 20:22 | 14.91 | 44 |
| 19 | Leianne Upton | W60 | MV | | 1:13:43 | 21:01 | 15.04 | 43 |
| 20 | Peter Dudman | M70 | SO | | 1:15:40 | 22:58 | 15.44 | 41 |
| 21 | Sophia Spooner | W18 | IND | | 1:15:54 | 23:12 | 15.49 | 41 |
| =22 | Rebecca Lovegrove | W18 | SN | | 1:15:55 | 23:13 | 15.49 | 41 |
| =22 | Peter Smith | M60 | SN | | 1:15:55 | 23:13 | 15.49 | 41 |
| 24 | Sgt Shane Thorne | M35 | Worthy Down Stn | | 1:16:30 | 23:48 | 15.61 | 40 |
| 25 | Joanna Belsey | W60 | SN | | 1:18:33 | 25:51 | 16.03 | 38 |
| 26 | Cfn Michellina Sangano | W21 | 22 Engr Regt | | 1:18:52 | 26:10 | 16.10 | 38 |
| 27 | Sgt Suman Ninglekhu | M35 | DSEME | | 1:20:35 | 27:53 | 16.45 | 36 |
| 28 | Sgt Diwash Rai | M35 | DSEME | | 1:20:36 | 27:54 | 16.45 | 36 |
| 29 | Edward Forman | M70 | SO | | 1:20:44 | 28:02 | 16.48 | 36 |
| 30 | Cfn R Ramesh Gurung | M21 | 10 QOGLR | | 1:22:31 | 29:49 | 16.84 | 34 |
| 31 | Stephen Peacock | M70 | SN | | 1:22:47 | 30:05 | 16.89 | 34 |
| 32 | LCpl Georgia Dowber | W20 | 10 QOGLR | | 1:25:39 | 32:57 | 17.48 | 31 |
| 33 | Elliot Vaughan | M14 | BKO | | 1:25:44 | 33:02 | 17.50 | 31 |
| 34 | Cfn Suraz Gubaju | M21 | 10 QOGLR | | 1:26:23 | 33:41 | 17.63 | 30 |
| 35 | Cfn Suraj Sunuwar | M21 | 10 QOGLR | | 1:27:11 | 34:29 | 17.79 | 30 |
| 36 | Terry Hunt | M55 | IND | | 1:27:51 | 35:09 | 17.93 | 29 |
| 37 | Ted McDonald | M80 | BOK | | 1:27:56 | 35:14 | 17.95 | 29 |
| 38 | Plt Off(Retd) Mike Elliot | M70 | MV | | 1:28:07 | 35:25 | 17.98 | 29 |
| 39 | Cfn Sujun Gurung | M21 | 3 Bn REME | | 1:30:57 | 38:15 | 18.56 | 26 |
| 40 | Allan Darwell | M70 | BOK | | 1:36:46 | 44:04 | 19.75 | 20 |
| 41 | LCpl Daniel Harris | M21 | 22 Engr Regt | | 1:37:03 | 44:21 | 19.81 | 20 |
| 42 | Paul Blagbrough | M75 | MV | | 1:38:54 | 46:12 | 20.18 | 18 |
| 43 | WO2 (Retd) Chic Young | M65 | SARUM | | 1:40:10 | 47:28 | 20.44 | 17 |
| 44 | Norman Wilson | M70 | SOC | | 1:41:32 | 48:50 | 20.72 | 15 |
| 45 | Maj (Retd) Devina Worsley | W65 | BAOC | | 1:41:39 | 48:57 | 20.74 | 15 |
| 46 | Chris Mcdonald | M80 | MV | | 1:46:32 | 53:50 | 21.74 | 10 |
| 47 | Ruth Rhodes | W80 | SO | | 1:52:16 | 59:34 | 22.91 | 5 |



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|------|------|-----------|-------------|-------|------|--------|-------------|--------|
|------|------|-----------|-------------|-------|------|--------|-------------|--------|

Lt Green

Course: Lt Green, 4.9 km, 120 m

| | | | | | | | | |
|----|--------------|-----|-----|--|---------|---------|-------|---|
| 48 | Kevin Beale | M65 | NWO | | 1:57:01 | 1:04:19 | 23.88 | 0 |
| 49 | Linda Hulley | W65 | SO | | 2:01:50 | 1:09:08 | 24.86 | 0 |

Sh Green

Course: Sh Green, 3.3 km, 80 m

| | | | | | | | | |
|----|--------------------------------------|-----|------------|--|-------|-------|-------|----|
| 1 | Maj(Retd) Colin Dickson | M65 | BAOC | | 32:07 | | 9.73 | 50 |
| 2 | Ronan Cleary | M60 | LOK | | 34:31 | 2:24 | 10.46 | 49 |
| 3 | Vincent Joyce | M70 | SO | | 35:12 | 3:05 | 10.67 | 49 |
| 4 | WO2 Sean Venables | M45 | CRHQ AGC | | 35:28 | 3:21 | 10.75 | 48 |
| 5 | Charlie Turner | M70 | SLOW | | 37:10 | 5:03 | 11.26 | 47 |
| 6 | Elisabeth Dickson | W65 | BAOC | | 38:06 | 5:59 | 11.55 | 46 |
| =7 | Maj Sam Adcock | M35 | 11 Inf Bde | | 38:25 | 6:18 | 11.64 | 46 |
| =7 | Wo1(Retd) Stuart Ferguson | M70 | NOTEAM | | 38:25 | 6:18 | 11.64 | 46 |
| 9 | Julie Cleary | W60 | LOK | | 38:41 | 6:34 | 11.72 | 45 |
| 10 | David Saunders | M65 | HH | | 39:52 | 7:45 | 12.08 | 44 |
| 11 | Lt Col (Retd) Chris Barrington Brown | M65 | BAOC | | 40:28 | 8:21 | 12.26 | 43 |
| 12 | Lt Col RM (Retd) Joe House | M70 | SO | | 41:01 | 8:54 | 12.43 | 43 |
| 13 | LCpl Ivan Jones | M21 | 12 Regt RA | | 41:38 | 9:31 | 12.62 | 42 |
| 14 | Bdr Osan Rai | M21 | 12 Regt RA | | 42:07 | 10:00 | 12.76 | 42 |
| 15 | Col (Retd) Ian Prosser | M65 | BAOC | | 42:30 | 10:23 | 12.88 | 41 |
| 16 | Dvr(Retd) Roger Maher | M85 | SO | | 42:59 | 10:52 | 13.03 | 41 |
| 17 | Mick Hunter | M65 | NWO | | 43:07 | 11:00 | 13.07 | 41 |
| 18 | LCpl Tom Fenn | M21 | 12 Regt RA | | 43:16 | 11:09 | 13.11 | 41 |
| 19 | Lt Col (Retd) Carol Prosser | W60 | BAOC | | 43:48 | 11:41 | 13.27 | 40 |
| 20 | Luke Gosling | M45 | SN | | 44:44 | 12:37 | 13.56 | 39 |
| 21 | SSgt Nathan Toye | M21 | 3 Bn REME | | 44:58 | 12:51 | 13.63 | 39 |
| 22 | Steve Pullen | M70 | SOC | | 47:53 | 15:46 | 14.51 | 36 |
| 23 | Cfn George Ryan | M20 | 3 Bn REME | | 48:10 | 16:03 | 14.60 | 36 |
| 24 | Brian Bailey | M75 | WIGHTO | | 48:29 | 16:22 | 14.69 | 35 |
| 25 | CPL(Retd) David Battison | M75 | SARUM | | 49:53 | 17:46 | 15.12 | 34 |
| 26 | Maj (Retd) Gill Prowse | W65 | SN | | 50:09 | 18:02 | 15.20 | 34 |
| 27 | Jasmine Bennett | W70 | SO | | 50:50 | 18:43 | 15.40 | 33 |
| 28 | Col(Retd) Nick Kearns | M70 | BAOC | | 51:02 | 18:55 | 15.46 | 33 |
| 29 | Capt(Retd) Paul Byers | M60 | MV | | 51:10 | 19:03 | 15.51 | 33 |
| 30 | Andy Macgregor | M80 | BAOC | | 51:34 | 19:27 | 15.63 | 32 |
| 31 | Jenny Bray | W65 | SN | | 51:40 | 19:33 | 15.66 | 32 |
| 32 | Jon Wheatcroft | M70 | TVOC | | 52:34 | 20:27 | 15.93 | 31 |
| 33 | Lt Col(Retd) Paul Wallace-Stock | M80 | SN | | 53:08 | 21:01 | 16.10 | 31 |
| 34 | George Engelhardt | M70 | MV | | 53:26 | 21:19 | 16.19 | 31 |
| 35 | Richard Steptoe | M75 | TVOC | | 53:32 | 21:25 | 16.22 | 30 |
| 36 | Dave Cussens | M70 | SO | | 53:51 | 21:44 | 16.32 | 30 |



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Sh Green

Course: Sh Green, 3.3 km, 80 m

| | | | | | | | | |
|----|-------------------------|-----|----------------|--|---------|-------|-------|----|
| 37 | Teresa Turner | W75 | SLOW | | 54:44 | 22:37 | 16.59 | 29 |
| 38 | Helen Rivers | W70 | GO | | 55:37 | 23:30 | 16.85 | 28 |
| 39 | Jane King | W65 | SO | | 55:41 | 23:34 | 16.87 | 28 |
| 40 | Jerry Newcombe | M70 | BOF | | 55:49 | 23:42 | 16.91 | 28 |
| 41 | John Liley | M65 | GO | | 56:32 | 24:25 | 17.13 | 27 |
| 42 | Tom Edelsten | M80 | GO | | 56:39 | 24:32 | 17.17 | 27 |
| 43 | Julie Collins | W60 | DFOK | | 56:42 | 24:35 | 17.18 | 27 |
| 44 | Col(Retd) Ian Tait | M70 | SARUM | | 57:26 | 25:19 | 17.40 | 27 |
| 45 | Cpl Andy Price | M45 | 101 FS Bn REME | | 57:41 | 25:34 | 17.48 | 26 |
| 46 | Glyn Williams | M70 | WIGHTO | | 57:46 | 25:39 | 17.51 | 26 |
| 47 | WO2 (Retd) James Munday | M80 | BKO | | 58:16 | 26:09 | 17.66 | 26 |
| 48 | Maj Diana Worthington | W45 | HQ RC | | 58:43 | 26:36 | 17.79 | 25 |
| 49 | Christopher Moon | M70 | BOK | | 1:00:19 | 28:12 | 18.28 | 24 |
| 50 | Brian Sewell | M65 | BKO | | 1:00:24 | 28:17 | 18.30 | 24 |
| 51 | Paul Nevett | M60 | GO | | 1:01:12 | 29:05 | 18.55 | 23 |
| 52 | Barry Breed | M75 | HH | | 1:01:22 | 29:15 | 18.60 | 23 |
| 53 | Col Justin Yates | M45 | Army HQ | | 1:01:40 | 29:33 | 18.69 | 22 |
| 54 | Michele Funnell | W70 | SO | | 1:01:52 | 29:45 | 18.75 | 22 |
| 55 | Janet Rosen | W65 | HH | | 1:02:19 | 30:12 | 18.88 | 22 |
| 56 | Lt Col Damien Pealin | M55 | HQ RC | | 1:02:25 | 30:18 | 18.91 | 22 |
| 57 | David Wilson | M80 | SO | | 1:02:31 | 30:24 | 18.94 | 21 |
| 58 | Tim Hughes | M70 | TVOC | | 1:03:37 | 31:30 | 19.28 | 20 |
| 59 | Jane Breed | W70 | HH | | 1:04:23 | 32:16 | 19.51 | 20 |
| 60 | Alison Saunders | W65 | HH | | 1:04:55 | 32:48 | 19.67 | 19 |
| 61 | Richard Rae | M75 | BKO | | 1:05:29 | 33:22 | 19.84 | 18 |
| 62 | Denise Mullins | W70 | SARUM | | 1:05:35 | 33:28 | 19.87 | 18 |
| 63 | Gill Sharp | W65 | SN | | 1:06:46 | 34:39 | 20.23 | 17 |
| 64 | Tony Ludford | M80 | BADO | | 1:07:24 | 35:17 | 20.42 | 17 |
| 65 | Kate Nevett | W60 | GO | | 1:07:37 | 35:30 | 20.49 | 16 |
| 66 | Gail Parker | W65 | SLOW | | 1:08:48 | 36:41 | 20.85 | 15 |
| 67 | Rosie Merry | W60 | DFOK | | 1:10:15 | 38:08 | 21.29 | 14 |
| 68 | Fiona Hanstock | W65 | BOK | | 1:10:37 | 38:30 | 21.40 | 13 |
| 69 | Clare Fletcher | W80 | BOK | | 1:11:00 | 38:53 | 21.52 | 13 |
| 70 | Ben Rivers | M80 | GO | | 1:12:47 | 40:40 | 22.06 | 11 |
| 71 | Chris Glew | W70 | SLOW | | 1:13:22 | 41:15 | 22.23 | 11 |
| 72 | Howard Thomas | M75 | BOK | | 1:13:43 | 41:36 | 22.34 | 10 |
| 73 | Roy Heselden | M75 | BADO | | 1:14:13 | 42:06 | 22.49 | 10 |
| 74 | Mick Smith | M75 | HH | | 1:16:03 | 43:56 | 23.05 | 8 |
| 75 | Maj Rebecca Hepworth | W35 | MoD London | | 1:17:00 | 44:53 | 23.33 | 7 |
| 76 | Sgt Suzie Halliday | W21 | 3 Bn REME | | 1:22:33 | 50:26 | 25.02 | 1 |
| 77 | David Hanstock | M65 | BOK | | 1:22:48 | 50:41 | 25.09 | 1 |
| 78 | Marion Shipman | W60 | LOK | | 1:24:12 | 52:05 | 25.52 | 0 |



MLS Frith (REME Champs)



22 October 2024

Results by class with League Points

| Posn | Name | Age Group | Club / Team | Corps | Time | Behind | Pace min/km | Points |
|------|------|-----------|-------------|-------|------|--------|-------------|--------|
|------|------|-----------|-------------|-------|------|--------|-------------|--------|

Sh Green

Course: Sh Green, 3.3 km, 80 m

| | | | | | | | | |
|----|----------------------------|-----|------|--|---------|---------|-------|---|
| 79 | Sgt(Retd) Gary Wakerley | M65 | NGOC | | 1:31:28 | 59:21 | 27.72 | 0 |
| 80 | Jillian Ullersperger | W60 | BKO | | 1:41:35 | 1:09:28 | 30.78 | 0 |
| 81 | Sue Gallagher | W70 | SO | | 1:42:26 | 1:10:19 | 31.04 | 0 |
| 82 | Marissa Hughes | W50 | TVOC | | 1:46:40 | 1:14:33 | 32.32 | 0 |
| 83 | Lieut (Retd) Michael White | M85 | MV | | 2:16:27 | 1:44:20 | 41.35 | 0 |

Lg Orange

Course: Lg Orange, 4.7 km, 100 m

| | | | | | | | | |
|---|------------------------|-----|------------|--|---------|---------|-------|----|
| 1 | 2Lt Fraser McGready | M21 | 9 Bn REME | | 50:16 | | 10.70 | 40 |
| 2 | LCpl Harry Lee | M21 | 3 Regt AAC | | 1:01:11 | 10:55 | 13.02 | 37 |
| 3 | LCpl Kiran Sharpe | M21 | 3 Bn REME | | 1:03:06 | 12:50 | 13.43 | 35 |
| 4 | Sgt Julian Fissasegola | M35 | ATU | | 1:23:34 | 33:18 | 17.78 | 15 |
| 5 | Cfn Joshua Bober | M21 | DSEME | | 1:24:36 | 34:20 | 18.00 | 14 |
| 6 | Cfn Zachary Brister | M21 | DSEME | | 1:24:44 | 34:28 | 18.03 | 13 |
| 7 | Kevin O'Dwyer | M60 | IND | | 3:40:45 | 2:50:29 | 46.97 | 10 |

V Sh Green

Course: V Sh Green, 2.1 km, 50 m

| | | | | | | | | |
|---|--------------------------|-----|------|--|---------|------|-------|----|
| 1 | Capt(Retd) Ken Williams | M85 | BAOC | | 55:07 | | 26.25 | 40 |
| 2 | Roger Baker | M90 | TVOC | | 55:11 | 0:04 | 26.28 | 40 |
| 3 | SSgt(Retd) John Thompson | M85 | TVOC | | 1:01:03 | 5:56 | 29.07 | 36 |
| 4 | Spr(Retd) Patrick Maher | M85 | SO | | 1:01:52 | 6:45 | 29.46 | 35 |