
 AGC	MILITARY LEAGUE (SOUTH)				
	SUMMER SERIES				
	HOSTED BY AGC				
	MINLEY				
WEDNESDAY 02 Oct 2024					
Travel Directions:	Entry point. What3Words glee.vegetable.digested Parking in field at GR SU 81675814.				
Terrain:	Used a number of times for MLS events and JK 19 Relays. The area to the south is open fast wood, with some fields around the car park and undulating runnable woods. Undergrowth is shown on map.				
Mapping:	Map updated by Adam Conway Aug 2024. Scale 1:7,500 overprinted on A4 waterproof paper. Loose control description for all courses at the start.				
Pre-entry:	Open at 20:00 18 Sep 2024 at racesignup.co.uk . – Sign Up will close at 1800hrs Tuesday 1 Oct 2024 .				
Results System:	EMIT Results https://race-results.info/ & http://www.baoc.info/				
Registration:	1045 – 1355 hours				
Starts:	1100 – 1400 hours (Note 1100-1300hrs for AGC personnel)				
Course Closes:	1500 hours. Controls will be taken in from 1500hrs				
All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.					
All runners must download by course closure time; even if you do not finish the course.					
Courses:	Colour	Distance	Climb	Remarks (see below start/finish)	
Score Course only for MLS league points	Score	1 Hour	30 Controls	The controls can be visited in any order. All controls worth 10pts each.	
	Blue	7.4km	160m	Not for AGC Champs; for MLS runners only	
	Green	4.6km	90m	Not for AGC Champs; for MLS runners only	
	Short Green	3.2km	80m	Not for AGC Champs; for MLS runners only	
	Very Short Green	2.2km	65m	Not for AGC Champs; for MLS runners only	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.				
Other Instructions:	Entry must be via Racesignup.co.uk AGC personnel only should enter using the entry code AGC2024 . No payment is then required. All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & Vaping is banned on all MOD Areas. Whistles are compulsory, 100% check. Place £1 in the charity box at registration and you will be given a whistle.				
Costs:	Military - £4.25 (AGC entries to Score free if you use the code AGC2024)				
EOD £1.50 extra	Military Veterans - £5.50				
	Senior Civilians (M/W 21 and above) - £8.00				
	Junior Civilians (M/W 20 and below) - £5.50				
	EMIT Hire (if required) - £2.00				
SRO:	Maj Sam Adcock AGC(SPS)				
Organiser:	Maj Sam Adcock AGC(SPS)				
Planner:	Lt Tamsin Moran AGC (ETS)				
Controller:	Ian Moran SOC				
Contact Details:	Sammy_adcock@hotmail.co.uk Mobile: 07772730154				
Facilities:	Toilets and Tom's Wagon				
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun.