
	<b>MILITARY LEAGUE(SOUTH) SUMMER SERIES</b>																												
	<b>HOSTED BY DEFENCE SCHOOL OF POLICING AND GUARDING</b>																												
	<b>Southwick Park Station</b> <b>WEDNESDAY 21 August 2024</b> <b>Normandy Landing Briefing see end of flier</b>																												
<b>Travel Directions:</b>	Signed off the B2117 onto High St. At the mini-roundabout turn right onto Priory Road and drive up towards the main entry for Southwick Park Station. Dependant on parking conditions, marshals may direct cars to be parked in the external carparks (couple of minutes walk to start location). Nearest postcode: <b>PO17 6EJ</b> , What3words: <b>punctual.brush.rejoin</b> .																												
<b>Terrain:</b>	Complex barracks terrain. Area is fully high fenced and closed to the public.																												
<b>Mapping:</b>	Remapped in June 24 for this event. Scale 1:4,000 overprinted on waterproof paper. Control descriptions on the map only.																												
<b>Pre-entry:</b>	Open at 20:00 14 Aug 2024 at <a href="https://www.racesignup.co.uk">racesignup.co.uk</a> .																												
<b>Results System:</b>	Emit Results <a href="http://www.baoc.info/">http://www.baoc.info/</a>																												
<b>Registration:</b>	1045 – 1355 hours.																												
<b>Starts:</b>	1100 – 1400 hours																												
<b>Course Closes:</b>	1500 hours. Controls will be taken in from 1500hrs																												
<b>All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length, or walk the course to ensure you achieve your aim safely.</b>																													
<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 15%;">Courses:</th> <th style="width: 15%;">Colour</th> <th style="width: 15%;">Distance</th> <th style="width: 10%;">Cntls</th> <th style="width: 45%;">Remarks</th> </tr> </thead> <tbody> <tr> <td rowspan="5" style="vertical-align: middle;">Maps released at 1400</td> <td>Brown</td> <td>8.6km</td> <td>51</td> <td>4 loops A-B-C-D starting at A only</td> </tr> <tr> <td>Blue</td> <td>6.5km</td> <td>40</td> <td>3 loops B-C-D starting on B only</td> </tr> <tr> <td>Green</td> <td>4.4km</td> <td>28</td> <td>2 loops C + D starting on C only</td> </tr> <tr> <td>Sh Green</td> <td>2.9km</td> <td>20</td> <td>Standalone course</td> </tr> <tr> <td>Score</td> <td>1 hour</td> <td>20</td> <td>Suitable for novices</td> </tr> </tbody> </table>	Courses:	Colour	Distance	Cntls	Remarks	Maps released at 1400	Brown	8.6km	51	4 loops A-B-C-D starting at A only	Blue	6.5km	40	3 loops B-C-D starting on B only	Green	4.4km	28	2 loops C + D starting on C only	Sh Green	2.9km	20	Standalone course	Score	1 hour	20	Suitable for novices			
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<b>Dress:</b>	Full leg and arm cover are mandatory; that means no shorts/vests.																												
<b>Other Instructions:</b>	Event will use the EMIT Touch-Free system. All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. No Dogs allowed.																												
<b>Costs:</b>	Military - £4.25																												
<b>EOD £1.50 extra</b>	Military Veterans - £5.50																												
	Senior Civilians (M/W 21 and above) - £8.00																												
	Junior Civilians (M/W 20 and below) - £5.50																												
	EMIT Hire (if required) - £2.00p																												
<b>SRO:</b>	Capt Adrian KERR, DSPG																												
<b>Organiser</b>	Capt Adrian KERR, DSPG																												
<b>Planner &amp; Org</b>	Robin Smith, SO																												
<b>Controller:</b>	Colin Holcombe, BAOC																												
<b>Contact Details:</b>	<a href="mailto:Adrian.kerr181@mod.gov.uk">Adrian.kerr181@mod.gov.uk</a> mobile: 07717872022																												
<b>Facilities:</b>	Toilets available on site. Ample parking. <b>Sorry no Tom.</b>																												
<b>Insurance</b>	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2020 and land booked iaw the AOA DIO License and JSP907																												

Have fun and enjoy the woods. Individuals start as directed on course details above and then follow course letter in alphabetical order.

During our visit Paul Oldfield who is a Historian & Battlefield Guide has agreed to run a brief in between his run.

During the course of the day there will be two opportunities to visit the Map Room in Southwick House at 1015-45 and 1315-45, which will include a presentation on the historical significance of the site. The House was the Naval HQ for Op NEPTUNE, the landings on the Normandy coast on 6th June 1944, and is where all the senior sea, land and air commanders met. This is also where General Dwight D Eisenhower made the momentous decisions regarding the timing of the invasion. If you would like to take advantage of this rare opportunity to visit one of the most significant WW2 sites in the country, please be in the Map Room by 1015 or 1315. This is 50m south from the start location.