



MLSS Rushmoor



10 July 2024
Results by class

| Posn | Name | Age Group | Club / Team | Corps | Time | Behind | Pace min/km |
|------|------|-----------|-------------|-------|------|--------|-------------|
|------|------|-----------|-------------|-------|------|--------|-------------|

Brown

Course: Brown, 8.3 km, 85 m

| | | | | | | | |
|----|-----------------------------|-----|-----------------|--|---------|---------|-------|
| 1 | James Lyne | M35 | SN | | 52:04 | | 6.27 |
| 2 | Michael Krajewski | M40 | BAOC | | 53:28 | 1:24 | 6.44 |
| 3 | Peter Daplyn | M40 | SN | | 54:44 | 2:40 | 6.59 |
| 4 | WO2 Des Dickinson | M40 | MoD Abbey Wood | | 57:16 | 5:12 | 6.90 |
| 5 | Maj(Retd) Sarah Rollins | W45 | HQ RC | | 57:52 | 5:48 | 6.97 |
| 6 | John Hill-Venning | M50 | SN | | 59:57 | 7:53 | 7.22 |
| 7 | Lt Col Richard Mawer | M50 | MoD Abbey Wood | | 1:00:54 | 8:50 | 7.34 |
| 8 | Maj R Barrett | M50 | 101 Op Sust Bde | | 1:04:45 | 12:41 | 7.80 |
| 9 | Lt Col(Retd) Colin Metcalfe | M65 | BAOC | | 1:06:13 | 14:09 | 7.98 |
| 10 | Alan Velecky | M55 | SO | | 1:06:19 | 14:15 | 7.99 |
| 11 | Simon Farrington | M40 | BAOC | | 1:08:00 | 15:56 | 8.19 |
| 12 | Aidan Hilton | M16 | SN | | 1:10:09 | 18:05 | 8.45 |
| 13 | Peter Jones | M65 | SN | | 1:10:11 | 18:07 | 8.46 |
| 14 | Sgt (retd) Paul Thwaites | M60 | SOC | | 1:10:18 | 18:14 | 8.47 |
| 15 | Tim Clark | M45 | IND | | 1:10:41 | 18:37 | 8.52 |
| 16 | Marc Balston | M50 | SARUM | | 1:12:45 | 20:41 | 8.77 |
| 17 | Laura Barrett | W20 | SN | | 1:12:52 | 20:48 | 8.78 |
| 18 | Keith Belsey | M55 | SN | | 1:14:52 | 22:48 | 9.02 |
| 19 | Robin Bishop | M55 | TVOC | | 1:20:43 | 28:39 | 9.72 |
| 20 | Mike Frizzell | M65 | BADO | | 1:26:59 | 34:55 | 10.48 |
| 21 | Major Michael James | M65 | Army HQ | | 1:30:59 | 38:55 | 10.96 |
| 22 | Luke Gosling | M45 | IND | | 1:31:31 | 39:27 | 11.03 |
| 23 | Sgt Kate Hillman | W35 | 32 Regt RA | | 1:36:04 | 44:00 | 11.57 |
| 24 | SSgt Shaun Jones | M35 | 32 Regt RA | | 1:37:03 | 44:59 | 11.69 |
| 25 | Andrew Hannaford | M65 | SO | | 1:37:24 | 45:20 | 11.73 |
| 26 | Mike Bennett | M70 | HH | | 1:37:40 | 45:36 | 11.77 |
| 27 | WO2 Dhan Magar | M55 | HQ RC | | 1:38:40 | 46:36 | 11.89 |
| 28 | Jonathan Lyle | M65 | BOK | | 1:40:25 | 48:21 | 12.10 |
| 29 | Sgt(retd) Alan Brown | M70 | NGOC | | 1:55:36 | 1:03:32 | 13.93 |
| 30 | Bdr Abby Jones | W21 | 32 Regt RA | | 2:01:50 | 1:09:46 | 14.68 |
| 31 | Bdr Lauren Parry | W21 | 32 Regt RA | | 2:01:55 | 1:09:51 | 14.69 |

Blue

Course: Blue, 5.8 km, 60 m

| | | | | | | | |
|---|------------------------|-----|---------|--|-------|------|------|
| 1 | Capt Adrian Kerr | M35 | DSPG | | 49:19 | | 8.50 |
| 2 | Capt(Retd) Paul Martin | M55 | SN | | 50:01 | 0:42 | 8.62 |
| 3 | Dave Ryder | M60 | SN | | 50:58 | 1:39 | 8.79 |
| 4 | Lt Col Woo Allen | W55 | Army HQ | | 51:05 | 1:46 | 8.81 |
| 5 | John Kelly | M40 | SN | | 52:44 | 3:25 | 9.09 |
| 6 | Col(Retd) Paul Lane | M65 | SARUM | | 54:58 | 5:39 | 9.48 |
| 7 | Carol Lovegrove | W50 | SN | | 55:26 | 6:07 | 9.56 |



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Blue

Course: Blue, 5.8 km, 60 m

| | | | | | | | |
|----|------------------------------|-----|-----------------|--|---------|---------|-------|
| 8 | Lt Cdr(Retd) Ashley Tilling | M65 | MV | | 55:53 | 6:34 | 9.64 |
| 9 | Steve Jarvis | M60 | SO | | 56:27 | 7:08 | 9.73 |
| 10 | Sgt(Retd) Gerry Allan | M55 | BAOC | | 56:54 | 7:35 | 9.81 |
| 11 | Sqn Ldr Paul Watson | M40 | 78 Sqn Swanwick | | 58:22 | 9:03 | 10.06 |
| 12 | Vince Roper | M55 | SLOW | | 58:42 | 9:23 | 10.12 |
| 13 | Maj (Retd) Nicholas Shanahan | M50 | BAOC | | 59:30 | 10:11 | 10.26 |
| 14 | Maj David Hannan | M55 | HQ RC | | 59:33 | 10:14 | 10.27 |
| 15 | Mr Matthew Grant | M50 | MoD London | | 59:34 | 10:15 | 10.27 |
| 16 | Robin Smith | M70 | SO | | 1:00:41 | 11:22 | 10.46 |
| 17 | Lt Col (Retd) Rowena Naile | W60 | BAOC | | 1:00:54 | 11:35 | 10.50 |
| 18 | Mick Hunter | M65 | NWO | | 1:00:57 | 11:38 | 10.51 |
| 19 | Jon Vaughan | M45 | BKO | | 1:01:43 | 12:24 | 10.64 |
| 20 | Maj Rebecca Hepworth | W35 | MoD London | | 1:02:36 | 13:17 | 10.79 |
| 21 | Maj (Retd) Garry Patey | M60 | BAOC | | 1:03:20 | 14:01 | 10.92 |
| 22 | Capt Albert Hadcock | M21 | 101 Op Sust Bde | | 1:04:11 | 14:52 | 11.07 |
| 23 | Katie Clarke | W50 | SN | | 1:04:50 | 15:31 | 11.18 |
| 24 | Capt Gary Harris-Deans | M55 | 103 Bn REME(V) | | 1:04:52 | 15:33 | 11.18 |
| 25 | Capt (Retd) David Faulkner | M60 | BOK | | 1:05:42 | 16:23 | 11.33 |
| 26 | Col (Retd) Paul Oldfield | M65 | BAOC | | 1:07:31 | 18:12 | 11.64 |
| 27 | WO2 Sean Venables | M45 | CRHQ AGC | | 1:07:34 | 18:15 | 11.65 |
| 28 | Alan Leakey | M70 | SLOW | | 1:08:04 | 18:45 | 11.74 |
| 29 | Michael Merritt | M65 | SO | | 1:08:41 | 19:22 | 11.84 |
| 30 | David Harrison | M55 | SN | | 1:10:16 | 20:57 | 12.11 |
| 31 | WO2 (Retd) Ian Byford | M65 | HH | | 1:11:03 | 21:44 | 12.25 |
| 32 | WO Jason Ferguson | M50 | 78 Sqn Swanwick | | 1:13:29 | 24:10 | 12.67 |
| 33 | Colin Hicks | M70 | SOC | | 1:13:32 | 24:13 | 12.68 |
| 34 | Maj (Retd) Danny Skillman | M65 | GO | | 1:17:33 | 28:14 | 13.37 |
| 35 | SSgt(Retd) Chris Younger | M60 | NOTEAM | | 1:21:12 | 31:53 | 14.00 |
| 36 | Lt Col Damien Pealin | M55 | HQ RC | | 1:27:10 | 37:51 | 15.03 |
| 37 | Mike Bray | M65 | SN | | 1:36:43 | 47:24 | 16.68 |
| 38 | Plt Off(Retd) Mike Elliot | M70 | MV | | 1:38:39 | 49:20 | 17.01 |
| 39 | Peter Riches | M70 | TVOC | | 1:49:12 | 59:53 | 18.83 |
| 40 | Matthew Knipe | M60 | QO | | 2:05:19 | 1:16:00 | 21.61 |

Green

Course: Green, 4.5 km, 45 m

| | | | | | | | |
|---|----------------------------|-----|-----|--|-------|-------|-------|
| 1 | Eoghan Wiles | M21 | SOC | | 33:42 | | 7.49 |
| 2 | Barry Jones | M55 | SO | | 40:07 | 6:25 | 8.91 |
| 3 | Mark Feltham | M60 | MV | | 43:43 | 10:01 | 9.71 |
| 4 | WO1(Retd) Peter Davis | M65 | SOC | | 43:54 | 10:12 | 9.76 |
| 5 | David Saunders | M65 | HH | | 44:34 | 10:52 | 9.90 |
| 6 | Lt Col RM (retd) Joe House | M70 | SO | | 47:07 | 13:25 | 10.47 |



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Green

Course: Green, 4.5 km, 45 m

| | | | | | | | |
|-----|---------------------------|-----|----------------------|--|---------|---------|-------|
| 7 | Lucy Paton | W60 | SN | | 47:58 | 14:16 | 10.66 |
| 8 | Neil Fraser | M60 | NWO | | 48:32 | 14:50 | 10.79 |
| 9 | Sarah Howes | W65 | SAX | | 48:38 | 14:56 | 10.81 |
| 10 | Martin Lock | M75 | GO | | 49:18 | 15:36 | 10.96 |
| 11 | Paul Prudhoe | M70 | SO | | 52:48 | 19:06 | 11.73 |
| 12 | Keiko Conway | W60 | GO | | 54:23 | 20:41 | 12.09 |
| 13 | Diane Leahey | W65 | SLOW | | 54:59 | 21:17 | 12.22 |
| 14 | Dvr(Retd) Roger Maher | M85 | SO | | 55:04 | 21:22 | 12.24 |
| 15 | WO1 (Retd) Les Hunt | M70 | SN | | 55:52 | 22:10 | 12.41 |
| 16 | Tom Edelsten | M80 | GO | | 56:13 | 22:31 | 12.49 |
| 17 | Stephen Peacock | M70 | SN | | 56:33 | 22:51 | 12.57 |
| 18 | Peter Dudman | M70 | SO | | 56:34 | 22:52 | 12.57 |
| 19 | Col(Retd) Ian Tait | M70 | SARUM | | 57:08 | 23:26 | 12.70 |
| 20 | Roy Heselden | M75 | BADO | | 58:01 | 24:19 | 12.89 |
| 21 | Cpl(Retd) David Mullins | M75 | SARUM | | 58:53 | 25:11 | 13.09 |
| 22 | Edward Forman | M70 | SO | | 59:30 | 25:48 | 13.22 |
| 23 | Jim Prowting | M75 | TVOC | | 1:00:23 | 26:41 | 13.42 |
| 24 | Kieran Devine | M70 | BAOC | | 1:00:55 | 27:13 | 13.54 |
| 25 | Peter Smith | M60 | SN | | 1:03:11 | 29:29 | 14.04 |
| 26 | Paul Kilpin | M75 | TVOC | | 1:03:51 | 30:09 | 14.19 |
| 27 | Philip Fawkner-Corbett | M70 | BOK | | 1:04:02 | 30:20 | 14.23 |
| 28 | Sue Hands | W75 | WIM | | 1:05:41 | 31:59 | 14.60 |
| 29 | Malcolm Scott | M65 | SN | | 1:06:06 | 32:24 | 14.69 |
| 30 | WO1 ASM (Retd) Peter Hull | M75 | BAOC | | 1:06:33 | 32:51 | 14.79 |
| 31 | Jasmine Bennett | W70 | SO | | 1:06:41 | 32:59 | 14.82 |
| 32 | Sgt Gordon Campbell | M55 | Northwood HQ | | 1:07:08 | 33:26 | 14.92 |
| 33 | Alison Coles | W55 | Dauphine Orientation | | 1:10:56 | 37:14 | 15.76 |
| 34 | Fiona Clough | W60 | BKO | | 1:11:54 | 38:12 | 15.98 |
| 35 | Richard Rae | M75 | BKO | | 1:12:00 | 38:18 | 16.00 |
| 36 | Jon Wheatcroft | M70 | TVOC | | 1:12:57 | 39:15 | 16.21 |
| 37 | Christopher Moon | M70 | BOK | | 1:14:57 | 41:15 | 16.66 |
| =38 | Gnr Josh Bennett | M21 | 32 Regt RA | | 1:24:27 | 50:45 | 18.77 |
| =38 | Gnr Gabrielle Perry | M21 | 32 Regt RA | | 1:24:27 | 50:45 | 18.77 |
| 40 | Ian Cowe | M70 | IND | | 2:00:38 | 1:26:56 | 26.81 |
| 41 | Aj Gosling | W45 | IND | | 2:01:41 | 1:27:59 | 27.04 |
| 42 | Colin Merry | M70 | DFOK | | 2:13:07 | 1:39:25 | 29.58 |

Short Green

Course: Short Green, 3.7 km, 40 m

| | | | | | | | |
|---|----------------------------|-----|--------|--|-------|------|------|
| 1 | WO(Retd) Stuart Ferguson | M70 | NOTEAM | | 35:40 | | 9.64 |
| 2 | Maj(Retd) Allan Farrington | M70 | BAOC | | 36:37 | 0:57 | 9.90 |



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Short Green

Course: Short Green, 3.7 km, 40 m

| | | | | | | | |
|----|---------------------------------|-----|----------------|--|---------|---------|-------|
| 3 | Alice Jacobsen | W21 | SOC | | 40:40 | 5:00 | 10.99 |
| 4 | Lt Col(Retd) Paul Wallace-Stock | M80 | SN | | 45:37 | 9:57 | 12.33 |
| 5 | Col(Retd) Nick Kearns | M70 | BAOC | | 48:28 | 12:48 | 13.10 |
| 6 | David Watkins | M65 | BADO | | 49:37 | 13:57 | 13.41 |
| 7 | Julia Prudhoe | W65 | SO | | 51:00 | 15:20 | 13.78 |
| 8 | David Kingdon | M70 | SAX | | 52:01 | 16:21 | 14.06 |
| 9 | John Turner | M70 | TVOC | | 55:04 | 19:24 | 14.88 |
| 10 | Tony Ludford | M80 | BADO | | 56:32 | 20:52 | 15.28 |
| 11 | Sue Gallagher | W70 | SO | | 57:52 | 22:12 | 15.64 |
| 12 | Elisabeth Dickson | W65 | BAOC | | 59:09 | 23:29 | 15.99 |
| 13 | Rosie Merry | W60 | DFOK | | 1:01:36 | 25:56 | 16.65 |
| 14 | Andy Macgregor | M80 | BAOC | | 1:01:41 | 26:01 | 16.67 |
| 15 | Chris Glew | W70 | SLOW | | 1:01:50 | 26:10 | 16.71 |
| 16 | SSgt (Retd) Colin Holcombe | M65 | BAOC | | 1:04:06 | 28:26 | 17.32 |
| 17 | Richard Steptoe | M75 | TVOC | | 1:04:41 | 29:01 | 17.48 |
| 18 | Michele Funnell | W70 | SO | | 1:09:29 | 33:49 | 18.78 |
| 19 | Lt(Retd) George Elkin | M75 | BAOC | | 1:10:09 | 34:29 | 18.96 |
| 20 | Cliff Thorne | M70 | BKO | | 1:11:40 | 36:00 | 19.37 |
| 21 | WO2 (Retd) James Munday | M80 | BKO | | 1:14:05 | 38:25 | 20.02 |
| 22 | Alison Saunders | W65 | HH | | 1:14:31 | 38:51 | 20.14 |
| 23 | Jerry Newcombe | M70 | BOF | | 1:17:42 | 42:02 | 21.00 |
| 24 | L/Wrn (Retd) Helen Wise | W70 | SO | | 1:18:24 | 42:44 | 21.19 |
| 25 | Roger Baker | M90 | TVOC | | 1:19:53 | 44:13 | 21.59 |
| 26 | Clare Fletcher | W80 | BOK | | 1:22:19 | 46:39 | 22.25 |
| 27 | Chris Simpson | M75 | SO | | 1:22:24 | 46:44 | 22.27 |
| 28 | Kathryn Turner | W65 | TVOC | | 1:30:34 | 54:54 | 24.48 |
| 29 | Yvonne Hodson | W75 | TVOC | | 1:38:39 | 1:02:59 | 26.66 |
| 30 | S/Sgt(Ret) John Thompson | M85 | TVOC | | 1:45:35 | 1:09:55 | 28.54 |
| 31 | Cfn Zach Gillam | M20 | 103 Bn REME(V) | | 1:48:59 | 1:13:19 | 29.45 |
| 32 | SSGT Matthew Clayfield | M40 | 103 Bn REME(V) | | 1:49:00 | 1:13:20 | 29.46 |
| 33 | Daniele Fawkner-Corbett | W70 | BOK | | 2:13:13 | 1:37:33 | 36.00 |
| 34 | Lieut (Retd) Michael White | M85 | MV | | 2:36:24 | 2:00:44 | 42.27 |