

Have fun and enjoy the woods. Individuals start as directed on course details above and then follow course letter in alphabetical order. You must press the "start" only once and the finish only once at the end of your race, that is only after all your loops are completed.

DIO License and JSP907

have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2020 and land booked iaw the AOA