



# BAOC Southern Nights

## Pirbright

25 November 2023

### Results by Class with Standards



Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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## Brown

Course: Brown, 9.6 km, 90 m

1	Thomas Howell	M21	SN	65:47		6.85
2	Nicholas Jarvis	M21	SO	70:40	4:53	7.36
3	James Lyne	M35	SN	73:15	7:28	7.63
4	Tom Davies	M45	SLOW	76:10	10:23	7.93
5	Brendon Howe	M50	SAX	77:03	11:16	8.03
6	Edward Lines	M21	SO	78:00	12:13	8.13
7	Tom Dobra	M21	TVOC	78:52	13:05	8.22
8	James Errington	M21	HH	79:00	13:13	8.23
9	Alex Kendall	M35	MV	81:33	15:46	8.49
10	Michael Krajewski	M40	BAOC	82:16	16:29	8.57
11	Peter Daplyn	M40	SN	82:59	17:12	8.64
12	Tom Cochrane	M40	HH	83:53	18:06	8.74
13	James Yule	M20	SO	84:36	18:49	8.81
14	Thomas Alcock	M21	WIM	88:30	22:43	9.22
15	Duncan Grassie	M40	SLOW	91:49	26:02	9.56
16	Christopher Prince	M21	HAVOC	93:02	27:15	9.69

^^^^ Brown Standard (Winning Time x 1.5): 98:40 ^^^^^

## Blue

Course: Blue, 6.9 km, 70 m

1	Nick Cooper	M45	SN	48:44		7.06
2	Juraj Hammer	M45	IND	51:14	2:30	7.43
3	Tuomas Tala	M50	TVOC	51:33	2:49	7.47
4	Alexander Lines	M21	WAOC	53:16	4:32	7.72
5	Will Heap	M50	SO	53:50	5:06	7.80
6	Sarah Scarbrough	W40	MV	58:11	9:27	8.43
7	Nigel Bunn	M55	TVOC	59:06	10:22	8.57
8	Richard Lloyd	M55	LOK	59:55	11:11	8.68
9	Jolyon Medlock	M45	WSX	60:24	11:40	8.75
10	Keith Belsey	M55	SN	61:36	12:52	8.93
11	John Hill-Venning	M50	SN	61:39	12:55	8.93
12	Katherine Bett	W21	SN	61:43	12:59	8.94
13	Anne Straube	W45	OD	62:24	13:40	9.04
14	Alex Bett	M21	SN	62:41	13:57	9.08
15	Alison Howe	W50	SAX	62:55	14:11	9.12
16=	Paul Todd	M45	LOK	63:01	14:17	9.13
16=	Peter Chapman	M55	SO	63:01	14:17	9.13
18	Philip Harvey	M50	WIM	63:03	14:19	9.14
19	Sarah Darley	W18	SN	63:32	14:48	9.21
20	Charles Gook	M55	BADO	64:00	15:16	9.28
21	Paul Martin	M55	SN	64:18	15:34	9.32



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Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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## Blue

Course: Blue, 6.9 km, 70 m

22	Phil Slingsby	M50	DRONGO	65:41	16:57	9.52
23	Peter Suba	M45	WSX	67:31	18:47	9.79
24	Fiona Tam	W21	SLOW	67:33	18:49	9.79
25	Craig Blackford	M55	BADO	67:40	18:56	9.81
26	Ifor Powell	M55	BOK	68:25	19:41	9.92
27	Marc Balston	M50	SARUM	68:45	20:01	9.96
28	Chris Turner	M60	WIM	69:37	20:53	10.09
29	Robert Lines	M55	SO	69:52	21:08	10.13
30	Clive Richardson	M55	WRE	69:54	21:10	10.13
31	Sara Currie	W40	BOK	71:25	22:41	10.35
32	Andrew Pitcher	M55	DFOK	72:04	23:20	10.44
33	Chris Evans	M55	SLOW	72:08	23:24	10.45
34	Richard Powell	M45	WAOOC	72:39	23:55	10.53
35	David Averill	M55	SMOC	72:42	23:58	10.54
36	Robin Mills	M55	WIM	72:47	24:03	10.55
37	Rob Taylor	M50	NGOC	72:51	24:07	10.56
38	Kerria Lines	W21	WAOOC	73:05	24:21	10.59
^^ ^^ Blue Standard (Winning Time x 1.5): 73:06 ^^ ^^						
39	Neil Speers	M55	DFOK	73:17	24:33	10.62
40	Robin Bishop	M55	TVOC	74:20	25:36	10.77
41	Alan Yule	M50	SO	74:50	26:06	10.85
42	Katie Blackford	W21	BADO	75:50	27:06	10.99
43	David Pilling	M55	BOK	78:51	30:07	11.43
44	Laura Parkes	W21	HH	81:42	32:58	11.84
45	Oliver Heckford	M16	WSX	82:18	33:34	11.93
46	Iain Bell	M55	SN	84:13	35:29	12.21
47	Christopher Ashenden	M55	SN	84:43	35:59	12.28
48	Jon Vaughan	M45	BKO	95:25	46:41	13.83
49	Rob Mullens	M45	BKO	118:47	70:03	17.21
50	Thomas Elgood	M55	CHIG	119:31	70:47	17.32

## Army Men Long

Course: Army Men Long, 6.6 km, 70 m

1	Lt Col Robert Ashton	M35	REME Long A	43:25		6.58
2	Lt Dane Blomquist	M21	RE Long A	43:35	0:10	6.60
3	Maj Andy Brett	M35	RE Long A	48:51	5:26	7.40
4	Capt Gareth Radcliffe	M40	AAC Long A	50:45	7:20	7.69
5	WO1 Gareth Mansfield	M35	REME Long A	51:18	7:53	7.77
6	Pte Tom Windsor	M35	RLC Long A	51:26	8:01	7.79
7	Maj Richard Barrett	M50	RLC Long A	52:49	9:24	8.00
8	Capt Patrick Jones	M21	AMS Individual	53:12	9:47	8.06
9	SSgt Dan Cope	M40	RA Long A	54:13	10:48	8.21



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### Army Men Long

Course: Army Men Long, 6.6 km, 70 m

10	Maj Andrew Snell	M45	AGC Long A	56:48	13:23	8.61
11	Maj Alan Finlay	M35	RA Long A	57:58	14:33	8.78
12	WO2 Des Dickinson	M40	REME Long A	58:14	14:49	8.82
13	Maj Gordy Bromidge	M45	REME Long A	58:20	14:55	8.84
14	Maj Samuel Scott	M21	R Sigs Long A	59:01	15:36	8.94
15	Major Jon Oxley	M50	RLC Long A	59:18	15:53	8.98
16	Maj Edward Dickins	M35	RE Long A	59:38	16:13	9.04
17	WO2 Luke Williamson	M35	AAC Long A	59:54	16:29	9.08
18	Lt Col Pete Helme	M50	RE Long A	59:58	16:33	9.09
19	Capt Frazer Howe	M21	REME Long A	60:29	17:04	9.16
20	Capt Matt Ryder	M21	RA Long A	64:14	20:49	9.73
21	Maj Dan Gallagher	M45	RA Long A	64:26	21:01	9.76
22	Maj Mat Rupasinha	M35	INF Long A	64:43	21:18	9.81
23	Maj Simon Phillips	M35	RA Long A	65:09	21:44	9.87
24	Sgt Aaron Graham	M21	AAC Long A	65:17	21:52	9.89
25	Colonel James Rhodes	M45	RLC Long A	65:38	22:13	9.94
26	Maj S Burton	M21	INF Long A	67:12	23:47	10.18
27	Capt Matthew Deakin	M21	RA Long A	67:23	23:58	10.21
28	Col Toby Till	M50	INF Long A	67:44	24:19	10.26
29	WO2 Jason Edwards	M50	RE Long A	69:31	26:06	10.53
30	Colonel Mike Cooke	M45	INF Long A	69:54	26:29	10.59
31	LCpl Papesh Limbu	M21	R Sigs Long A	71:11	27:46	10.79
32	Sgt Sudeep Kamal	M21	REME Long A	73:19	29:54	11.11
33	Lt Col Michael Callaghan	M40	AGC Long A	76:27	33:02	11.58
34	Cpl Matthew Averill	M21	R Sigs Long A	77:39	34:14	11.77
35	Maj Mike James	M65	RE Long A	79:50	36:25	12.10
36	LCpl Adam Jones	M21	AAC Long A	81:39	38:14	12.37
37	Col Gary Sawyer	M45	INF Long A	84:19	40:54	12.78
38	Maj Brett Green	M50	AGC Long A	86:57	43:32	13.17
39	Capt Sebastian Drew	M21	R Sigs Long A	88:11	44:46	13.36
40	LCpl Joshan Gurung	M21	R Sigs Long A	88:13	44:48	13.37
41	LCpl Andrew Strathdee	M21	AAC Long A	90:03	46:38	13.64
42	Sig Promish Dura	M21	R Sigs Long A	90:07	46:42	13.65
43	Major Jordan Town	M35	RLC Long A	92:06	48:41	13.95
44	Cpl Rory Martin	M21	INF Long B	94:53	51:28	14.38
45	Major Martin Murphy	M35	RLC Long A	102:34	59:09	15.54
46	Cpl Scott Kennedy	M21	INF Long B	114:58	71:33	17.42
47	Cpl Sohan Rai	M21	AGC Long A	150:06	106:41	22.74
DNF	Hldr Wayne Shaw	M35	INF Long B	164:23	Retd	
DSQ	Lt Col Richard Mawer	M50	AAC Long A	49:15	Wrong No 7 (154 for 157)	
DSQ	Sgt Bishwajit Rai	M21	AGC Long A	68:59	Wrong order	
DSQ	Hldr Pita Banivanua	M21	INF Long B	74:50	Several missed	



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## Army Men Long

Course: Army Men Long, 6.6 km, 70 m

DSQ	Sgt Craig Manders	M35	INF Long B	124:48	Wrong 7 (154 for 157)	
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## Army Vet Male

Course: Green, 4.6 km, 55 m

1	Cpl(Retd) Paul Couldridge	M50	RE Vets A	30:29		6.63
2	Col(Retd) Ed Heal	M55	REME Vets A	38:19	7:50	8.33
3	Maj(Retd) John Owens	M50	RE Vets A	38:46	8:17	8.43
4	Ret Maj Mark "Polly" Parrott	M55	REME Vets A	44:33	14:04	9.68
5	LBdr(Retd) Michael Brett	M60	RA Vets A	46:49	16:20	10.18
6	WO1(Retd) Les Hunt	M65	RE Vets A	47:22	16:53	10.30
7	Maj(Retd) Jon Steed	M55	RE Vets A	48:13	17:44	10.48
8	Col(Retd) Paul Lane	M65	RA Vets A	51:26	20:57	11.18
9	Lt Col(Retd) Colin Metcalfe	M60	REME Vets A	54:07	23:38	11.76
10	Ma(Retd) Allan Farrington	M65	AGC Vets A	56:53	26:24	12.37
11	Maj(Retd) Rob Shenton	M50	REME Vets A	57:50	27:21	12.57
12	Maj(Retd) Mark Davis	M50	RA Vets A	71:36	41:07	15.57
13	WO2 David Bell	M55	AGC Vets A	82:22	51:53	17.91

## Army Women

Course: Green, 4.6 km, 55 m

1	Lt Tamsin Moran	W21	AGC Women A	32:23		7.04
2	Maj Kezia Jukes	W21	RE Women A	33:24	1:01	7.26
3	Col Lucy Giles	W50	RLC Women A	47:04	14:41	10.23
4	Col Sheila Braine	W55	RLC Women A	48:39	16:16	10.58
5	Maj Mel Slade	W55	R Sigs Women A	49:58	17:35	10.86
6	Maj Kerry Larsen	W45	R Sigs Women A	50:55	18:32	11.07
7	Capt Freya Bowen	W21	RE Women A	52:53	20:30	11.50
8	Capt Genevieve Froehlich	W35	AMS Women A	53:03	20:40	11.53
9	SSgt Vicky McCreddie	W40	R Sigs Women A	54:44	22:21	11.90
10	Lt Col Andrew Magowan	W45	AGC Women A	54:49	22:26	11.92
11	Lt Heather Craig	W21	RE Women A	55:38	23:15	12.09
12	LCpl Isabell Arris	W21	R Sigs Women B	56:47	24:24	12.34
13	Maj Sally Calland	W45	R Sigs Women A	57:39	25:16	12.53
14	Maj Rebecca Hepworth	W35	REME Women A	59:12	26:49	12.87
15	Capt Laura Bettison	W21	AGC Women A	62:21	29:58	13.55
16	Lt Col Ali Lea	W45	RE Women A	63:01	30:38	13.70
17	Cpl Tammy Short	W21	AMS Women A	63:33	31:10	13.82
18	SSgt Katie Costello	W21	R Sigs Women B	64:56	32:33	14.12
19	LCpl Rhona Fraser	W21	INT Women A	65:40	33:17	14.28
20	Pte Sophie Faulkner	W35	AMS Women A	67:14	34:51	14.62
21	Cpl Anita Gurung	W21	AGC Women B	69:00	36:37	15.00



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## Army Women

Course: Green, 4.6 km, 55 m

22	LCpl Hannah Brown	W20	REME Women A	71:39	39:16	15.58
23	Maj Suzanne Talbot	W40	AMS Women A	73:38	41:15	16.01
24	Major Ruth Gilbert	W40	RLC Women A	74:18	41:55	16.15
25	Major Rebecca Melly	W40	RLC Women A	76:32	44:09	16.64
26	Sig Anna Bock	W21	R Sigs Women B	78:36	46:13	17.09
27	WO2 Elaine O`Hara-Styles	W40	AGC Women B	79:29	47:06	17.28
28	Sgt Katy Hillman	W21	RA Women A	81:04	48:41	17.62
29	Capt Ruth Matchett	W35	AMS Individual	83:07	50:44	18.07
30	SSgt Jessica Griffiths	W21	RA Women A	84:00	51:37	18.26
31	SSgt Mary Watson	W35	AGC Women A	84:56	52:33	18.46
32	Major Diana Worthington	W40	RLC Women A	86:11	53:48	18.74
33	WO1(Retd) Karen O`Hara-Styles	W45	AGC Vets A	91:33	59:10	19.90
34	Sig Jade Wood	W21	R Sigs Women B	102:46	70:23	22.34
35	WO2 Kirsty McDermott	W35	AGC Women B	102:53	70:30	22.37
36	SSgt Julie Murray	W21	INT Women A	105:45	73:22	22.99
37	Gnr Bryony Gleed	W20	RA Women A	138:28	106:05	30.10
DSQ	Gnr Olivia Coupland	W20	RA Women A	108:40	Missed No 19(155)	

## Green

Course: Green, 4.6 km, 55 m

1	Neil Crickmore	M60	SO	37:10		8.08
2	Laura Barrett	W18	SN	39:45	2:35	8.64
3	Andy Creber	M65	NGOC	40:41	3:31	8.84
4	Simon Errington	M60	HH	41:39	4:29	9.05
5	Ian Ditchfield	M65	MV	42:09	4:59	9.16
6	David Williams	M60	HOC	42:47	5:37	9.30
7	Paul Thwaites	M60	SOC	43:04	5:54	9.36
8	Zuzana Windsor	W21	DRONGO	46:45	9:35	10.16
9	Mark Collins	M60	DFOK	46:48	9:38	10.17
10	Alan Rosen	M65	HH	47:29	10:19	10.32
11	Dorte Torpe Hansen	W55	SLOW	48:46	11:36	10.60
12	Chris Hooker	M60	SO	49:05	11:55	10.67
13	Mike Frizzell	M65	BADO	51:33	14:23	11.21
14	Ian Byford	M65	HH	53:17	16:07	11.58
15	Colin Dickson	M65	BAOC	53:48	16:38	11.70
16	Greg Best	M60	NGOC	53:51	16:41	11.71
17	Steve Bailey	M60	SN	54:36	17:26	11.87
18	Julia Jarvis	W55	SO	55:09	17:59	11.99
^^ ^^ Green Standard (Winning Time x 1.5): 55:45 ^^ ^^						
19	Diane Jacks	W55	WRE	56:02	18:52	12.18
20	Trish Monks	W45	BKO	56:35	19:25	12.30
21	Madeleine Pitcher	W18	DFOK	58:03	20:53	12.62



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## Green

Course: Green, 4.6 km, 55 m

22	Mikhail Gryaznevich	M65	TVOC	58:31	21:21	12.72
23	Ray Collins	M65	WCH	61:26	24:16	13.36
24	Rob Hick	M60	WSX	63:44	26:34	13.86
25	Lisa James	W55	SOC	64:37	27:27	14.05
26	Emma Mansfield	W35	BAOC	65:24	28:14	14.22
27	Alan Wallis	M65	SN	66:16	29:06	14.41
28	Helen Le Page	W45	SN	71:55	34:45	15.63
29	Anne Tynegate	W60	BADO	72:12	35:02	15.70
30	Helen Ashenden	W55	SN	72:59	35:49	15.87
31	Ian Phillips	M60	NGOC	78:19	41:09	17.03
32	Judith Taylor	W55	NGOC	83:45	46:35	18.21
33	Kevin Parkes	M65	HH	100:15	63:05	21.79
34	Heidi Lloyd	W45	TVOC	100:56	63:46	21.94
DSQ	Clive Hallett	M60	BOK	38:08	Wrong 15 (135 for 167)	
DSQ	Eddie Speak	M65	MDOC	66:47	Missed 2 (133)	

## Army Senior Short

Course: Army Senior Short, 4.8 km, 45 m

1	SSgt Thomas Steele	M21	RAPTC Short A	48:35		10.12
2	Sgt Nar Gurung	M35	REME Short A	49:02	0:27	10.22
3	Major Kevin Swinbourne	M50	RLC Short A	49:34	0:59	10.33
4	Maj Andre Noel	M45	RE Short A	50:06	1:31	10.44
5	SSgt Scott Parnell	M40	RLC Short A	50:08	1:33	10.44
6	Capt Will Hutton	M21	AMS Short A	50:47	2:12	10.58
7	LCpl Kiran Rai	M21	R Sigs Short B	51:05	2:30	10.64
8	Capt Alan Harris	M45	RAPTC Short A	53:00	4:25	11.04
9	Lt Jack Hayward	M21	RE Short A	56:54	8:19	11.85
10	Capt Darren Nolan	M45	REME Short A	57:12	8:37	11.92
11	Cpl Ali Dabbs	M35	RE Short B	58:53	10:18	12.27
12	Lt Col Tim Gilbert	M40	RE Short A	59:07	10:32	12.32
13	Sgt Birbahadur Rai	M35	R Sigs Short A	60:14	11:39	12.55
14	Cpl Matthew Howlett	M21	RE Short A	60:26	11:51	12.59
15	WO2 Aaron Gittins	M35	REME Short A	63:39	15:04	13.26
16	Capt Matthew Garrard	M21	REME Short B	64:22	15:47	13.41
17	WO2 Adam Cook	M35	RA Short A	66:41	18:06	13.89
18	WO2 Sean Venables	M50	AGC Short A	67:35	19:00	14.08
19	SSgt Kaji Limbu	M35	R Sigs Short A	68:44	20:09	14.32
20	Sgt Nawaraj Gurung	M35	AGC Short A	71:35	23:00	14.91
21	Capt Ben Worthington	M45	RLC Short A	73:37	25:02	15.34
22	Maj Aaron Rennie	M35	AMS Short A	73:48	25:13	15.38
23	SSgt Shaun Kelly	M40	RLC Short A	73:59	25:24	15.41





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### Army Senior Short

Course: Army Senior Short, 4.8 km, 45 m

24	WO2 Sean Bryne	M35	RA Short A	74:21	25:46	15.49
25	Capt Andrew Lennox	M40	INT Short A	75:05	26:30	15.64
26	Sgt Alexis Massey-Ryan	M35	REME Short A	77:22	28:47	16.12
27	Sig Kyle Steele	M21	R Sigs Short B	78:52	30:17	16.43
28	Sgt Daniel Hitchen	M21	REME Short B	78:53	30:18	16.43
29	Sig Nelson Thapa Magar	M21	R Sigs Short A	80:53	32:18	16.85
30	SSgt Robin Harrison	M35	RAPTC Short A	84:55	36:20	17.69
31	Lt Alex Hobbs	M21	INT Short B	86:52	38:17	18.10
32	WO2 Ingwahang Jabegu	M40	R Sigs Short A	87:42	39:07	18.27
33	WO2 Dhankumar Thapa Magar	M55	AGC Short A	87:45	39:10	18.28
34	Lt Col Andrew Lewis	M55	AMS Short A	89:05	40:30	18.56
35	Maj Jordan Adcock	M35	AGC Short B	96:32	47:57	20.11
36	Cpl Will Hasty	M35	AAC Individual	100:18	51:43	20.90
37	Col David Duncan	M45	INT Short A	104:29	55:54	21.77
38	Sgt Nathan Toye	M21	REME Short B	105:01	56:26	21.88
39	Spr Madhav Karki	M21	RE Short B	107:47	59:12	22.45
40	LCpl Matthew Brandon	M21	INT Short B	114:01	65:26	23.75
41	LCpl Adam Hill	M21	RE Short B	148:08	99:33	30.86
DNF	LCpl Promish Gurung	M21	AGC Short B	55:49	Retd	
DNF	Gnr Shean Jennings	M20	RA Short A	75:52	Retd	
DNF	Sig Ritesh Gurung	M21	R Sigs Short B	135:37	Retd	
DSQ	Lt William Styles	M21	INT Short A	74:05	several wrong	
DSQ	Maj Sammy Adcock	M35	AGC Short A	79:43	Wrong 3 (165 for 101)	
DSQ	WO2 Aaron Crush	M35	RA Short A	85:58	Wrong No 11 (167 for 135)	
DSQ	SSgt Kanaiyalal Thapa	M40	AGC Short B	103:50	Wrong No10 (110 for 156)	
DSQ	Sig Anushil Gurung	M21	R Sigs Short B	105:07	wrong order	
DSQ	LCpl Ellis Reynolds	M21	INT Short B	125:50	Wrong No 9 (110 for 156)	

### Short Green

Course: Short Green, 3.8 km, 45 m

1	Alison Simmons	W65	BOK	39:24		10.37
2	Don McKerrow	M70	SLOW	43:32	4:08	11.46
3	Jackie Hallett	W65	BOK	44:17	4:53	11.65
4	Mark Glaisher	M70	SAX	46:25	7:01	12.21
5	Neville Baker	M70	TVOC	47:27	8:03	12.49
6	Robin Smith	M70	SO	49:27	10:03	13.01
7	Lucy Paton	W60	SN	51:27	12:03	13.54
8	Martin Lock	M75	GO	54:34	15:10	14.36
9	Alan Kersley	M65	BADO	54:43	15:19	14.40
10	Christopher Branford	M75	WIM	56:51	17:27	14.96
11	Chloe Fowler	W21	HAVOC	56:54	17:30	14.97
12	Jane Lambert	W60	SO	58:17	18:53	15.34



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### Results by Class with Standards



Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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## Short Green

Course: Short Green, 3.8 km, 45 m

13	Janet Rosen	W65	HH	58:39	19:15	15.43
14	Axel Blomquist	M70	SN	59:55	20:31	15.77
15	Marie-Anne Fischer	W60	TVOC	60:21	20:57	15.88
16	Carolyn Dent	W60	BOK	60:38	21:14	15.96
17	Roger Maher	M85	SO	65:19	25:55	17.19
18	John Harrison	M75	BADO	68:30	29:06	18.03
19	Ian Peirce	M75	SARUM	68:33	29:09	18.04
20	Susan Crickmore	W60	SO	68:34	29:10	18.04
21	Mike Wimpenny	M75	DEVON	76:54	37:30	20.24
22	Fiona Clough	W60	BKO	80:31	41:07	21.19
23	Mike Elliot	M70	MV	86:52	47:28	22.86
24	Julie Collins	W60	DFOK	88:36	49:12	23.32
25	Nicola Harvey	W50	WIM	94:36	55:12	24.89
26	Charlotte Thornton	W75	SARUM	97:56	58:32	25.77
27	Denise Harper	W70	BKO	100:04	60:40	26.33
28	Ruth Rhodes	W80	SO	110:00	70:36	28.95
DNF	Penny Parkes	W65	HH	32:40	Retd	
DNF	Tim Scarbrough	M35	MV	78:44	Retd	
DSQ	John Simmons	M70	BOK	58:26	Missed 17 (158)	
DSQ	John Parfitt	M80	BOK	76:53	Missed 14, 15, 16	

## Army U25

Course: Long Orange, 4 km, 45 m

1	Sig Bijay Gurung	M21	R Sigs U25 A	42:09		10.54
2	Sig Tyson Limbu	M21	R Sigs U25 A	44:15	2:06	11.06
3	LCpl Cameron Plant	M21	AGC U25 A	47:17	5:08	11.82
4	Sig Aakash Poudel	M21	R Sigs U25 B	48:43	6:34	12.18
5	Spr Richard Rai	M21	RE U25 A	49:06	6:57	12.28
6	Sig Sanam Thapa	M21	R Sigs U25 A	52:46	10:37	13.19
7	Sig Hem Saru	M21	R Sigs U25 A	52:54	10:45	13.23
8	Spr Sunil Shrestha	M21	RE U25 A	58:09	16:00	14.54
9	Sig Milan Thapa	M21	R Sigs U25 A	60:34	18:25	15.14
10	Sig Kushal Karki	M21	R Sigs U25 A	61:28	19:19	15.37
11	LCpl William Thomas-Curley	M20	REME U25 A	62:35	20:26	15.65
12	Gnr Mason Dent	M21	RA U25 A	65:48	23:39	16.45
13	Spr Sippan Thakali	M21	RE U25 A	69:27	27:18	17.36
14	Pte Ieuan Lewis	M20	AGC U25 A	72:37	30:28	18.15
15	Sig Ravi Thapa	M21	R Sigs U25 B	74:16	32:07	18.57
16	LCpl Surya Man Rai	M21	AGC U25 A	74:26	32:17	18.61
17	Spr Bipin Magar	M21	RE U25 A	86:36	44:27	21.65
18	Sig Rojal Thapa Suryabansi	M21	R Sigs U25 B	95:54	53:45	23.98





**BAOC Southern Nights**  
**Pirbright**  
25 November 2023  
**Results by Class with Standards**



Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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### Army U25

Course: Long Orange, 4 km, 45 m

19	Sig Karan Gurung	M21	R Sigs U25 B	106:46	64:37	26.69
20	Gnr Shae Charles	M21	RA U25 A	121:45	79:36	30.44
21	Gnr Joshua Bennett	M21	RA U25 A	137:50	95:41	34.46
22	Pte Rose Holmes	W21	RLC U25 A	144:04	101:55	36.02
23	LCpl Maryam Uddin	W21	RLC U25 A	164:48	122:39	41.20
DNF	Sig Sunil Rana	M21	R Sigs U25 B	91:33	Retd	
DNF	Sig Sagar Gurung	M21	R Sigs U25 B	107:42	Retd	
DSQ	Gnr Thomas Lovegrove	M21	RA U25 A	62:53	few missed	

### Long Orange

Course: Long Orange, 4 km, 45 m

1	Julia Farrell + 1	W8	BAOC	109:52		27.47
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