



# MLS Middle Wallop

22 November 2023  
Results by class



Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km
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## Blue

Course: Blue, 4.5 km, 15 m

1	Thomas Alcock	M21	WIM		00:45:01		10.00
2	Sgt(Retd) Paul Thwaites	M60	SOC	REME	00:48:59	00:03:58	10.89
3	Lt Col GT Sawyer	M45	Army HQ		00:50:43	00:05:42	11.27
4	Maj Dan Gallagher	M40	32 Regt RA		00:50:57	00:05:56	11.32
5	Capt Harry James	M21	IND	RA	00:52:37	00:07:36	11.69
6	Nick Nourse	M60	NWO		00:53:13	00:08:12	11.83
7	Keith Belsey	M55	SN		00:54:59	00:09:58	12.22
8	Philip Harvey	M50	WIM		00:55:44	00:10:43	12.39
9	Julian Hartwell	M65	SOC		00:55:48	00:10:47	12.40
10	Alan Rosen	M65	HH		00:56:10	00:11:09	12.48
11	Nick Dennis	M60	BOK		00:59:19	00:14:18	13.18
12	WO1(Retd) John Cook	M65	WSX	RAC	00:59:23	00:14:22	13.20
13	Flt Lt( Retd) Rob Hick	M60	WSX		01:02:30	00:17:29	13.89
14	Sgt Katy Hillman	W21	32 Regt RA	RA	01:04:36	00:19:35	14.36
15	Robin Smith	M70	SO		01:06:25	00:21:24	14.76
16	SSgt Vicky McCreddie	W40	3 Sig Regt	RSIGS	01:07:39	00:22:38	15.03
17	WO2 Ingwahang Jabegu	M40	RSOC	RSIGS	01:08:34	00:23:33	15.24
18	WO Jason Ferguson	M50	78 Sqn Swanwick		01:09:32	00:24:31	15.45
19	Stephen Mckinley	M55	SN		01:09:54	00:24:53	15.53
20	Rachel Dennis	W55	BOK		01:10:44	00:25:43	15.72
21	Michael Merritt	M65	SO		01:12:36	00:27:35	16.13
22	John Turner	M70	TVOC		01:18:31	00:33:30	17.45
23	Lt Col (Retd) Rowena Naile	W60	BAOC	AGC	01:31:39	00:46:38	20.37
DNF	Col(Retd) Steve James	M60	BAOC	RA	00:58:33	Retd	
DSQ	Trish Monks	W45	BKO		01:06:59	Missed No 34 (117)	
DSQ	Neville Baker	M70	TVOC		01:12:44	Missed No 30 (104)	

## Sh Green

Course: Sh Green, 3.7 km, 15 m

1	Lt Col (Retd) Carol Prosser	W60	BAOC		00:33:12		8.97
2	Linda Pakuls	W65	WIM		00:35:30	00:02:18	9.59
3	Janet Rosen	W65	HH		00:36:27	00:03:15	9.85
4	Ian Tait	M70	SARUM		00:39:10	00:05:58	10.59
5	Kirsty Staunton	W65	WIM		00:39:30	00:06:18	10.68
6	Lt Col RM (retd) Joe House	M65	SO		00:42:48	00:09:36	11.57
7	Terry Smith	M70	SOC		00:43:23	00:10:11	11.73
8	Jon Wheatcroft	M70	TVOC		00:43:26	00:10:14	11.74
9	Chris Glew	W70	SLOW		00:47:16	00:14:04	12.77
10	Lt Col Damien Pealin	M55	HQ RC	AMS	00:47:18	00:14:06	12.78
11	Tony Ludford	M75	BADO		00:47:34	00:14:22	12.86
12	Antonia Holt	W65	NWO		00:50:26	00:17:14	13.63



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## Sh Green

Course: Sh Green, 3.7 km, 15 m

13	Mark Lyne	M65	IND		00:50:45	00:17:33	13.72
14	Ian Trussler	M65	NWO		00:51:32	00:18:20	13.93
15	Helen Wise	W70	SO		00:53:50	00:20:38	14.55
16	Deborah Sullivan	W60	MV		00:54:10	00:20:58	14.64
17	Lt Cdr(Retd) Roger Holehouse	M70	WIM		01:04:55	00:31:43	17.55
18	Liz Yeadon		SARUM		01:11:29	00:38:17	19.32

## Light Green

Course: Light Green, 4.4 km, 15 m

1	WO2 Aaron Gittins	M35	103 Bn REME(V)		00:37:52		8.61
2	Neil Fraser	M60	NWO		00:39:07	00:01:15	8.89
3	Lcpl Ben Higgins	M21	1 Regt AAC	REME	00:40:04	00:02:12	9.11
4	LCpl Tanuj Bugga	M40	1 Regt AAC	REME	00:40:20	00:02:28	9.17
5	Kevin Beale	M65	NWO		00:41:44	00:03:52	9.48
6	Captain Gary Harris-Deans	M55	103 Bn REME(V)	REME	00:42:15	00:04:23	9.60
7	Lt Col (Retd) Simon Worsley	M65	BAOC		00:42:22	00:04:30	9.63
8	Col(Retd) Nick Kearns	M70	BAOC		00:42:29	00:04:37	9.66
9	Lt Col (Retd) Chris Barrington Brown	M65	BAOC	RA	00:44:41	00:06:49	10.16
10	SSgt Jessica Griffiths	W21	47 Regt RA	RA	00:45:43	00:07:51	10.39
11	Cpl(Retd) David Mullins	M70	SARUM		00:47:34	00:09:42	10.81
12	Keiko Conway	W60	GO		00:48:25	00:10:33	11.00
13	Cpl Mark Colling	M35	1 Regt AAC	REME	00:48:55	00:11:03	11.12
14	Nicola Harvey	W50	WIM		00:49:39	00:11:47	11.28
15	Denise Mullins	W70	SARUM		00:50:59	00:13:07	11.59
16	Ted McDonald	M80	BOK		00:51:33	00:13:41	11.72
17	Flt/Lt Ray Sullivan	M60	RAFO		00:51:43	00:13:51	11.75
18	Tim Hughes	M70	TVOC		00:51:44	00:13:52	11.76
19	LCpl Joape Suluaqalo	M21	1 Regt AAC		00:53:27	00:15:35	12.15
20	Lcpl Alexander Bester	M21	1 Regt AAC		00:53:28	00:15:36	12.15
21	Maj (Retd) Devina Worsley	W65	BAOC		00:55:23	00:17:31	12.59
22	Howard Thomas	M75	BOK		00:58:35	00:20:43	13.31
23	Marissa Hughes	W50	TVOC		00:58:40	00:20:48	13.33
24	Ruth Rhodes	W80	SO		01:09:58	00:32:06	15.90
DSQ	Kathryn Turner	W65	TVOC		01:01:47	Missed No 19 (103)	

## Long Orange

Course: Long Orange, 4.4 km, 15 m

1	LCpl Edward John	M21	1 Regt AAC	REME	00:41:39		9.47
=2	LCpl Mark Bradford	M21	1 Regt AAC	REME	00:44:10	00:02:31	10.04
=2	Lcpl Kane Davies	M21	1 Regt AAC	REME	00:44:10	00:02:31	10.04
DSQ	Richard Alexander McDonald	M45	BOK		02:15:08	Missed No 20 (120)	