



Ex ASTUTE RUNNER

Army Individual Orienteering Championships

Sun 15 Feb 15

Cannock Chase

Introduction. Exercise ASTUTE RUNNER is the Army Orienteering Association (AOA) sponsored Army Individual Orienteering Championship; it will take place within the Walton Chasers organised Midland Champs on Cannock Chase on Sun 15 Feb 15. Competitors should read the AOA competition policy available on www.baoc.info. This competition is classified as individual military training.

Entries / Event Information:

In accordance with the Walton Chasers website at www.walton-chasers.co.uk Once entered, please inform Maj Bernie Fowler email bernard.fowler803@mod.uk so that you are included in the competition and therefore classed as 'on-duty' and included in the contest for prizes. This is especially relevant if you enter under a civilian club and not BAOC. Please also book an early or middle to start in order to enable swift results collation for prizes.

Competition Format: Individual competition based upon the best times from courses as follows:

Class	Age Group Course	Prizes	Comments
Men's Army Individual Champion	M21L	1 st , 2 nd & 3 rd place	Male competitors in age groups M35+ will be expected to run up; M21L is Brown/Black equivalent
Women's Army Individual Champion	W35L	1 st , 2 nd & 3 rd place	Female competitors in age group W21 will be expected to run down; whilst competitors W40+ will be expected to run up; W35L is Blue/Short Brown equivalent
Men's Short	M40S	1 st & 2 nd	Male competitors will mostly run out of age group; M40S is Blue equivalent
Women's Short	W45S	1 st & 2 nd	Female competitors will mostly run out of age group; W45S is Short Green equivalent
Junior / Novice Men's Class	M14	1 st & 2 nd	Juniors / Novices will all run out of age group; M14 & W14 courses' are Light Green (TD4) equivalent
Junior / Novice Women's Class	W14	1 st & 2 nd	

Prize Giving: All competitors are expected to remain for the prize giving at 1.30 pm.